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## **TYPES OF CARE FACILITIES**

### **Board and Care**

This type of facility does not require to have either nurses or doctors on staff. They provide meals and activities for residents, as well as some help with dressing, eating and hygiene. In most of these facilities, residents must be ambulatory.

### **Independent-Living Facilities**

These facilities include retirement centers, mobile-home parks and single-family homes. Levels of care vary. Some serve meals in common dining halls, while others may have assisted living services.

### **Intermediate-Care Facilities**

These facilities provide medical care to people who need 24-hour supervision and occasional skilled nursing care. Residents must be able to walk or use a wheelchair and have some control over bowel and bladder functions.

### **Skilled Nursing Facilities**

Around-the-clock nursing supervision and care for residents who need help with dressing, eating, bowel and bladder care, and taking prescription medications. Different types of therapy, such as physical, speech or occupational, is also provided. This type of care is very institutional and being run mostly by large corporations for profit.

### **Sub-Acute Care Facilities**

These facilities provide care outside the acute-care wards of hospitals. They are basically for patients on respirators or nasal/tube feeding.

### **Who Pays**

Pay for these types of care vary from private pay, MediCare (the federal health insurance program for the elderly) or by MediCaid (the federal/state partnership providing health care for the poor).

### **Foundation Aiding The Elderly (FATE)**

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